



EGGNOG

fresh, locally produced eggnog, using milk from our ten family farms in Columbia & Dutchess Counties

Product Code	Description	Unit Size	Pack size	Storage Info	Shelf Life	UPC #
EGGNOGQT	Eggnog	Quart	16 units / case	35-38°F	20 days	746104555694

Nutrition Facts	
Serving Size 4 fl. oz. (120 mL)	
Servings Per Container 8	
Amount Per Serving	
Calories 170 Calories from Fat 70	
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 5g	25%
<i>Trans</i> Fat 0g	
Cholesterol 55mg	18%
Sodium 125mg	5%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Sugars 19g	
Protein 4g	
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 0% • Vitamin D 25%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

- Packed in plastic milk crates
- Seasonal Availability – production starting November 14, 2019



For more information:

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